

Ashley Acle, MBA, MFT, LMFT

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EDUCATION

11/2021 **Masters**, Business Administration
Quantic School of Business & Technology, Washington, DC

06/2016 **Masters**, Couple & Family Therapy
Drexel University, Philadelphia, PA

05/2011 **Bachelor of Arts**, Psychology
Swarthmore College, Swarthmore, PA
Minor: Education | Elementary Teacher Certified

LICENSE & CERTIFICATIONS

In progress Approved Supervisor Candidate, American Association for Marriage and Family Therapy

In progress Certified Emotionally Focused Therapist (Level 1), International Centre for Excellence in Emotionally Focused Therapy

2024 Licensed Marriage and Family Therapist (NC #20259), North Carolina Marriage and Family Therapy Licensure Board

2023 Certified Eating Disorders Specialist, International Association of Eating Disorders Professionals

2021 Licensed Marriage and Family Therapist (MF #001365), Pennsylvania State Board of Social Workers, Marriage and Family Therapists and Professional Counselors

2019 Licensed Marriage and Family Therapist (LMFT) #111229, California Board of Behavioral Sciences

CLINICAL RESEARCH EXPERIENCE

2020-present Principal Investigator
Colorism, Skin Tone Trauma, and Eating Disorders among Black, Indigenous, People of Color (BIPOC)
(unfunded)
Ashley Acle, MBA, MFT, LMFT
July 2020-present
Developed a conceptual model to explore pathways between colorism, skin tone trauma, and eating disorders; Studied existing literature on colorism, mental health and interpersonal outcomes, and conversed with clinicians about their experiences and insights related to potential connections between colorism and eating disorders in working with clients and families of color; Published a peer-reviewed manuscript on the developed “Colorism, Skin Tone Trauma and Eating Disorders (ED) model”, expanding upon previous research exploring colorism, skin tone trauma, and mental health and interpersonal outcomes; Deliver trainings on the proposed conceptual model.

2019-2021 Principal Investigator
Cultural Considerations in the Treatment of Eating Disorders among Racial/Ethnic Minorities
(unfunded)
Collaborator: Brian Cook, PhD
Department of Research & Outcomes
Alsana
April 2019-August 2021

Created a research project focused on identifying cultural considerations in the treatment of eating disorders and guidelines for clinicians; Completed data collection and identification of initial core themes, Published manuscript on current trends and recommendations for practice; Delivered national presentations (e.g. American Psychological Association Convention, The Renfrew Conference) on research study findings and company-wide training.

- 2016** **Emotionally Focused Therapy (EFT) Couples Research Therapist**
Couples Desiring Better Relationships: Emotionally-Focused Couples Therapy (unfunded)
Principal Investigator: Ting Liu, PhD
Department of Couple & Family Therapy
Drexel University
March 2016-June 2016
Provided short-term therapy for diverse couples experiencing relational distress focused on attachment needs & emotions; followed a manualized Emotionally Focused Therapy approach with attention to interactional cycles, underlying emotional experiences and needs, culture and strengths.
- 2016** **Emotionally Focused Therapy (EFT) Couples Research Therapist**
Mother-Baby Connections (MBC) Program (Drexel University funded)
Principal Investigators: Barbara Posmontier & Pamela Geller, PhD; Mentor: Ting Liu, PhD
Parkway Health & Wellness & Department of Couple and Family Therapy
Drexel University
March 2016-April 2016
Provided Emotionally Focused Therapy for couples receiving treatment for maternal depression pre/post-partum, focused on increasing relationship quality and attachment within the couple relationship; collaborated within a multi-disciplinary team in coordination of quality care.
- 2016** **Hold Me Tight ® Cancer Survivor Support Group Facilitator**
Couples Coping with Cancer: Hold Me Tight ® Intervention Study (unfunded)
Principal Investigator: Maureen Davey, PhD; Mentor: Ting Liu, PhD
Department of Couple & Family Therapy
Drexel University
February 2016-April 2016
Facilitated Hold Me Tight ® discussions among cancer survivors and their partners related to the illness process and relationship enhancement following a manualized Emotionally Focused Therapy approach; moderated sharing, encouraged participation, reflected content and processes to facilitate connection.
- 2014-2016** **Recruitment & Research Assistant**
Pediatric Continuity Care Intensivist (CCI): Role Implementation and Randomized Control Trial (Children's Hospital of Philadelphia funded)
Principal Investigator: Jennifer Walter, MD, PhD, MS
Critical Care Medicine & Critical Care Center for Evidence & Outcomes
Children's Hospital of Philadelphia
May 2014-July 2016
Identified and screened research participants who had received treatment in the Pediatric Intensive Care Unit; extracted data on patient outcomes; reviewed informed consent and randomization processes with interested participants and facilitated completion of initial assessments with other research team members.
- 2014-2016** **Clinical Research Assistant**
Advisor: Sherri Kubis, BSN, RN
Critical Care Center for Evidence & Outcomes
Children's Hospital of Philadelphia (CHOP)
March 2014-July 2016
Conducted data analyses, created presentations for medical teams, administration and operations pertaining to outcomes, care delivery, infection rates and care transitions; managed databases and quality

check processes for international pediatric ICU registry (Virtual PICU Systems, VPS ®).

- 2013-2014** **Principal investigator**
Acceptability of Mixed Media Informed Consent: A Pilot Study (unfunded)
Collaborator: Shawn Lehmann, MS
Research Department, The Renfrew Center Foundation
The Renfrew Center
October 2013-November 2014
Developed pilot study to explore utilization of Mixed Media Informed Consent to facilitate client engagement in research and outcome studies; Created content and facilitated interviews.
- 2012-2014** **Research Assistant in Charge of Data Analysis & Presentation of Conclusions**
Girl Talk: Relational Aggression by Peers as an Antecedent to Eating Disorders Among Girls and Women (unfunded)
Mentor: Doug Bunnell, PhD; Collaborator: Ruth Frank, MD
Research Department, The Renfrew Center Foundation
The Renfrew Center
September 2012-March 2014
Reviewed informed consent and administered research assessments; coded, scored and analyzed data on childhood histories of bullying, personality and eating pathology among girls and women receiving treatment for an eating disorders; prepared updates for internal review board, delivered presentations.
- 2012-2014** **Research Assistant**
Mentor: Doug Bunnell, PhD
Research Department, The Renfrew Center Foundation
The Renfrew Center
July 2012-March 2014
Managed non-residential data collection at two residential treatment centers and ten day treatment and intensive outpatient clinics, completed analysis for clinician output, nursing & marketing departments, presented findings to Research Committee, Regional Vice Presidents and Site Directors/Clinical Supervisors; created initiatives to standardize assessments; extracted data from medical records; catalogued multi-site patient care throughout admissions, discharge and follow-up treatment(s).
- 2011-2012** **Research Assistant in Charge of Recruitment and Outcomes**
Attachment-Based Family Therapy for Suicidal Adolescents (NIMH funded, R01MH091059, \$2,965,147)
Co-Principal Investigators: Guy Diamond, PhD & Roger Kobak, PhD
Center for Family Intervention Science
Department of Psychiatry
Children's Hospital of Philadelphia (CHOP)
August 2011-May 2012
Recruitment: Developed relationships with local mental health agencies, crisis response centers, and/or medical faculty members and community members; addressed families' concerns, screened and enrolled qualified families, facilitated referrals; developed recruitment materials for agencies, assisted in Institutional Review Board matters.
Outcomes: Conducted suicide interviews (Columbia Suicide Severity Rating Scale, Suicide Intent Scale, Suicide Severity Index, Lethality of Suicide Attempt Rating Scale), the Adult Attachment Interview (AAI), and mood assessments with suicidal adolescents and their primary caregiver(s); prepared NIH grant applications and NIMH Continuing Review in collaboration with Business & Grant offices, served as liaison to subcontracting institutions to prepare budgets; trained & supervised outcome assessors.
- 2010-2011** **Clinical Research Assistant**
Family Therapy as Hospital Aftercare for Adolescent Suicide Attempters (Children's Hospital of Philadelphia and American Foundation for Suicide Prevention funded)

Principal Investigator: Guy Diamond, PhD

Mentors: Torrey Creed, PhD, Suzanne Levy, PhD, Michele Reimer, PhD

Center for Family Intervention Science

Department of Psychiatry

Children's Hospital of Philadelphia (CHOP)

January 2010- December 2010; September 2011-November 2011

Analyzed case studies of Attachment Based Family Therapy with suicidal adolescents and their families; assisted families in crisis management with assistance from study psychologists; conducted weekly phone assessments (BDI-II and SIQ-JR) with Enhanced Usual Care (control group) participants; created a detailed transcription of a strong parent-adolescent attachment session; scored assessments.

2010

Principal Investigator

Dating Related Communication in Attachment Based Family Therapy (ABFT) (unfunded project), secondary data analysis from Preventing Youth Suicide in Primary Care: A Family Model (CDC funded, R49 CE000428; Principal Investigator: Guy Diamond, PhD)

Mentors: Jane Gillham, PhD, Suzanne Levy, PhD

Center for Family Intervention Science

Department of Psychiatry & Department of Psychology

Children's Hospital of Philadelphia & Swarthmore College

September 2010-December 2010

Developed a project on communication about romantic relationships and dating among adolescent participants and a parent who were randomized to Attachment Based Family Therapy (ABFT) and completed the full course of treatment; coded, scored and analyzed data on family conflict, dating related communication, attachment, bonding and relatedness.

CLINICAL EXPERIENCE

2020-present Therapist

Ashley Acle, MFT

March 2020-present

Provide telehealth sessions and therapeutic meal/activity support with adolescents, families, and adults focused on addressing clinical issues including eating disorders, mood disorders, anxiety disorders, ADHD, relational patterns, attachment needs, racial and systemic oppression. Develop treatment plans specific to the needs of the individual and their intersecting identities; complete documentation; collaborate care with interdisciplinary treatment providers.

2021-2023 Co-facilitator, Culturally Competent Conversations

African American & BIPOC Committee, International Association of Eating Disorder Professionals

September 2021-September 2023

Facilitated a monthly case consultation group for eating disorder professionals on culturally sensitive and anti-oppressive practices, ways to facilitate cultural humility and exploration of cultural factors in clinical work and advocacy.

2019-2020 Multi-Family Group Co-Facilitator & Covering Therapist, California

Alsana (License IDs: 630013917, 630016215, 630013478)

August 2019-January 2020

Facilitated multi-family process and psychoeducational groups in collaboration with National Director of Family Programming for clients at the residential, day treatment and intensive outpatient centers; provided emotion coaching on Emotion Focused Family Therapy, scaffolded enactments for relational repair, improved communication; trained new clinicians; covered therapist responsibilities, as needed.

2018-2019 Director of Clinical Services, Pacific Grove, CA

Alsana (License ID: 630013478)

August 2018-April 2019

Managed daily operations of the residential center to ensure quality care and compliance with regulations; coordinated interdisciplinary care with providers, referrals and admissions; hired and supervised therapists, dietitians and nurses; coordinated interdisciplinary care with utilization review, interfaced with insurance company; reviewed stakeholder feedback and developed corrective actions, provided patient care through therapy sessions and therapeutic meal support.

2018 Assistant Director of Clinical Services, Monterey & Pacific Grove, CA

Alsana (License ID: 630013478)

May 2018-September 2018

Oversaw and managed residential and outpatient centers to ensure quality care, optimal operations; provided patient care through groups, individual and family therapy, and interdisciplinary sessions; hired and trained therapists, dietitians, nurses; led interdisciplinary treatment teams.

2017-2018 Program Director, Fremont, CA

Reasons Eating Disorder Center

September 2017-April 2018

Opened and managed center operations, implementation of the clinical program and treatment philosophy for adolescents in a new inpatient eating disorder treatment center; ensured compliance with licensing regulations; provided direct patient care in groups and individual sessions, therapeutic meal support; led interdisciplinary treatment team, managed program staffing and provided training to clinicians and staff.

2016-2017 Primary Therapist, Fremont, CA

Center for Discovery (License ID: 630013519)

July 2016-August 2017

Completed assessments and treatment plans for women (18-60+) in residential care for treatment of eating disorders and comorbid diagnoses; provided individual, conjoint family, couples and psychoeducational sessions, facilitated group therapy; provided therapeutic meal support; facilitated transition/discharge and aftercare in collaboration with referring treatment providers and with insurance.

2015-2016 Outpatient Family Therapy Intern, Philadelphia, PA

NorthEast Treatment Center

September 2015-June 2016

Provided individual and family psychotherapeutic interventions with incorporation of family culture, strengths, discussions of power/privilege and unresolved grief in to treatments for ADHD, mood disorders, family conflict and trauma responses; Conducted intakes, assessments, treatment plans.

2014-2015 Family Therapy Intern, Philadelphia, PA

Friends Behavioral Health Hospital

September 2014- September 2015

Conducted biopsychosocial assessments with teenagers presenting with suicidal and/or homicidal ideation and acute psychiatric needs; provided individual and family psychotherapeutic interventions, psychoeducational support and discharge planning to hospitalized teenage patients and their family members; collaborated with multi-disciplinary team and community resources in treatment planning; trained on trauma-informed systems of care and interventions.

TEACHING EXPERIENCE

2020-present Clinical Instructor & Course Creator

Ashley Acle, MFT

March 2020-present

Teach healthcare professionals, providers in helping roles, and members of the general public on adolescent and adult mental health, eating disorders, depression, mental health treatment considerations and resources, warning signs, how to broach health conversations, body acceptance, advocacy opportunities and how to identify and advance inclusive, effective practices. Develop and create materials

to advance awareness of important, yet underdiscussed topics, including ways to address the social determinants of health, health equity as an ethical imperative, embracing our cultural identities to facilitate cultural humility, and relational support.

2020-present Clinical Supervisor

Ashley Acle, MFT

November 2021-present

Teach and mentor California Registered Associates and Interns in Pennsylvania working towards licensure and licensed professionals on various topics including adolescents, adults and family life cycles, mood disorders, eating disorders, multi-cultural counseling, self-of-the-therapist, social justice, racial trauma and systemic oppression. Promote the development of individualized, intersectional treatment case conceptualizations to facilitate a contextualized, culturally-affirming understanding of the client's experiences, needs, and the working therapeutic relationship with the provider. Facilitate discussion through analysis of raw data and case reviews. Complete written evaluations.

2022-present Clinical Supervisor

California Institute of Integral Studies

December 2022 - present

Conduct individual supervision of MFT trainees through discussion, case reviews, instruction, analysis of raw data. Complete written evaluations of students, submit grades, and communicate with department chair and program manager around students progress and needs.

2022-2023 Faculty, Core Curriculum for Eating Disorders Professionals Certification

International Association of Eating Disorders Professionals (iaedp)

September 2022 - August 2023

Prepared, revised, and presented foundational curriculum to healthcare professionals pursuing the certified eating disorders specialists (CEDS) designation focused on the psychological treatment of eating disorders. Developed materials to educate providers on inclusive interventions and treatment considerations for working with marginalized and underrepresented groups.

OTHER PROFESSIONAL EXPERIENCE

2020-present Healthcare Consultant

Various Digital Health & Healthcare Start Ups

March 2020-present

Advise on equitable, culturally sensitive mental health care systems of care and practices with consideration of operational needs; develop policies & procedures, training programs & competency-based implementation processes, risk management & mitigation processes, growth strategies; refine hiring practices to align with organizational goals. Implement systems for improving health equity metrics.

2022-2023 Interim Director of Compliance

Lightfully Behavioral Health

November 2022 – May 2023

Ensured compliance with federal, state & local regulations; developed & updated compliance policies to align with changing regulations & industry best practices, conducted ongoing monitoring & auditing processes, reported findings to executive leaders. Developed risk assessment processes for the physical & virtual environments of care, led mitigation activities & investigations. Created & maintained compliance training programs for 200 employees; established communication channels to disseminate information, trainings & facilitate a company culture of compliance & increase timely incident response.

2019- 2021 Regional Compliance Manager, California

Alsana (License IDs: 630013917, 630016215, 630015463, 630013478)

April 2019-August 2021

Researched, monitored and ensured compliance with federal, state, local, and accrediting bodies and internal company standards; developed company-wide policies, procedures and protocols; advised Executive Leadership Team, Executive Quality Council, People Operations, Development, National Clinical Educator Team, Regional Executive Directors, Site Leaders and VP of Compliance on resource allocation, training structures, and staff competencies to ensure compliance with regulating entities; developed company-wide intranet for improved interdisciplinary collaboration and dissemination of policies; led quality improvement processes (e.g. internal quality checks, annual reports for Joint Commission accreditation, monitoring of site-specific key performance indicators); prepared quarterly briefing memos for Executive Quality Council; conducted and trained staff on audit processes.

PUBLICATIONS

Peer Reviewed

Acle, A. (2026). Colorism & Eating Disorders (ED) among BIPOC: Expanding The Skin Tone Trauma Model to Conceptualize a Pathway. *Frontiers in Psychiatry*, 17. <https://doi.org/10.3389/fpsy.2026.1811526>

Acle, A., Cook, B. J., Siegfried, N., & Beasley, T. (2021). Cultural Considerations in the Treatment of Eating Disorders among Racial/Ethnic Minorities: A Systematic Review. *Journal of Cross-Cultural Psychology*, 52(5), 468–488. <https://doi.org/10.1177/00220221211017664>

Book Chapters

Acle, A. (under revision). Empathetic Responsiveness and Allyship through COVID Consciousness: Responding to COVID Disparities, Loss, Legacies, and Experiences among BIPOC and BIPOC with Multiply Marginalized Identities. In Butler, M. (Ed), *The First Five Years: Defining COVID-Competent Therapy*.

Acle, A., Davis, A., St John, C. (2024). Authentic Allyship: Examining Beliefs & Actions to Provide Client Care. In Small, C & Fuller, M. (Eds.), *Anti-Blackness: White Privilege, Allyship, and Psychology*. Oxford University Press.

Video Publications

Acle, A. (Guest) & Garcia, H. (Host). (2023, October 21). *The Hidden Link with Immigrant Experience, Eating Disorders, Mental Health* [podcast]. Retrieved from <https://open.spotify.com/episode/1JD8YWrdBddkyH66gtfvLV?si=h4sabPKjTN61fOJAzGTowg>

Acle, A. (Guest) & Sujei, V. (Host). (2022, July 2022). *You Can't Skip Past Culture in Eating Disorder Treatment* [podcast]. Retrieved from <https://podcasters.spotify.com/pod/show/vanessa-sujei/episodes/You-Cant-Skip-Past-Culture-In-Eating-Disorder-Treatment-w-Ashley-Acle--LMFT-e1lilab>

Trade/Magazine Publications

Acle, A. (2021, September/October). *Cultural Considerations in the Treatment of Eating Disorders*, American Association for Marriage and Family Therapy (AAMFT) Family Therapy magazine.

Acle, A. (2020, November). *Inviting Culture into Eating Disorder Treatment*. Gürze-Salucore Eating Disorders Resource Catalogue, <https://www.edcatalogue.com/inviting-culture-eating-disorder-treatment/>

Acle, A. (2020, August). *Specialist-Generalist Collaboration in the Treatment of Eating Disorders*. *The Therapist*, 32(4), 12-16

Other Print Publications

- Acle, A.** (2021, February). *Is Recovery Possible if You Don't Identify with Your Treatment Team Racially?*, Eating Disorder Recovery Support newsletter.
- Acle, A. & Pearce-Dunbar, V.** (2020, July). *The Effects of Colorism and Classism in Treating Eating Disorders in People of Color*. Expert Guest Blog Article featured on African American Eating Disorders Professionals & Black, Indigenous, People of Color Committee (AAEDP-BIPOC), International Association for Eating Disorders Professionals (iaedp) website. <https://membershare.iaedp.com/conversations-in-color-july-2020/>
- Acle, A.** (2020, June). *Expanding on the Effects of Racism and Risk for Clients*. Expert Guest Blog Article featured on African American Eating Disorders Professionals & People of Color Committee (AAEDP-POC), International Association for Eating Disorders Professionals (iaedp) website. <https://membershare.iaedp.com/conversations-in-color-june-2020/>
- Acle, A.** (2020, May). *Holistic Healing during and after COVID*. Expert Guest Blog Article featured on African American Eating Disorders Professionals & People of Color Committee (AAEDP-POC), International Association for Eating Disorders Professionals (iaedp) website. <https://membershare.iaedp.com/conversations-in-color-holistic-healing-during-and-after-covid-19/>
- Acle, A.** (2018, December). *Eating Disorder Treatment: More Than Anorexia*. Blog Article featured on Alsana website. <https://www.alsana.com/eating-disorder-treatment-more-than-treatment-for-anorexia/>

KEYNOTES & INVITED TALKS

- Acle, A.** (2026, July). *Reimbursement Realities: The Policy Failures Fueling ED Client Destabilization*. Invited speaker, BIPOC Eating Disorders Conference.
- Acle, A.** (2025, July). *Community-Based and Relational Approaches to Supporting Teens with Depression*. Invited talk given to The California Alliance of Child and Family Services, Sacramento, CA.
- Acle, A.** (2025, June). *Embracing Our Cultural Identities to Facilitate Cultural Humility*. Invited talk given to The California Alliance of Child and Family Services, Sacramento, CA.
- Acle, A.** (2025, May). *Colorism, Skin Tone Trauma & Body Image Ideals: Clinical Considerations with Youth and Families*. Invited talk given to The California Alliance of Child and Family Services, Sacramento, CA.
- Acle, A.** (2025, April). *Health Equity as a Quality and Safety Priority: Ethical & Practice Considerations across Levels of Care*. Invited talk given to The California Alliance of Child and Family Services, Sacramento, CA.
- Acle, A.** (2025, April). *Food Security & Eating Disorders: Risk Factors & Treatment Considerations*. Invited talk given to The California Alliance of Child and Family Services, Sacramento, CA.
- Acle, A.** (2025, March). *Addressing the Social Determinants of Health in Case Management & Treatment*. Invited talk given to The California Alliance of Child and Family Services, Sacramento, CA.
- Acle, A.** (2025, March). *Beyond the Surface: Incorporating Social Justice & Intersectionality in BIPOC Eating Disorders Treatment*. Invited speaker, Margins to Center Changing the Game Conference.
- Acle, A.** (2025, February). *Supporting BIPOC Foster Youth with Eating Disorders: Cultural Considerations*. Invited talk given to The California Alliance of Child and Family Services, Sacramento, CA.
- Acle, A.** (2024, July). *Addressing Health Care Disparities as a Quality & Safety Priority in All Levels of ED Treatment: Questions & Considerations for Providers*. Invited speaker, BIPOC Eating Disorders Conference.

- Acle, A.** (2024, June). *Food Security & Eating Disorders: Risk Factors & Treatment Considerations*. Invited talk given to The California Alliance of Child and Family Services, Sacramento, CA.
- Acle, A.** (2024, April). *Addressing the Social Determinants of Health in Case Management & Treatment*. Invited talk given to The California Alliance of Child and Family Services, Sacramento, CA.
- Acle, A.** (2024, March). *Eating Disorders in Marginalized Communities*. Invited talk given to San Diego City College, San Diego, CA.
- Acle, A.** (2024, March). *Culturally Sensitive & Intersectional Approaches To Eating Disorders When Serving Marginalized Communities*. Invited talk given to Southern Counties Regional Partnership, Conference 2024, Pomona, CA.
- Acle, A.** (2024, March). *Practical Applications: Culturally Sensitive Eating Disorders Support Strategies with BIPOC Foster Youth*. Invited talk given to Seneca Family of Agencies, Monterey County, CA.
- Acle, A.** (2024, February). *Colorism, Skin Tone Trauma & Body Image Ideals: Clinical Considerations with Youth & Families*. Invited talk given to The California Alliance of Child and Family Services, Sacramento, CA.
- Acle, A.** (2024, February). *Immigration Experiences, Acculturative Stress & Eating Disorders*. Invited talk given to Vista Del Mar Child & Family Services, Los Angeles, CA.
- Acle, A.** (2024, January). *Culturally Sensitive Eating Disorder Support Strategies- Considerations When Working with BIPOC Youth*. Invited talk given to The California Alliance of Child and Family Services, Sacramento, CA.
- O’Neal, J., Mayanil, T., Kolko, R., **Acle, A.** (2024, January). *Relationships Between Skin Color Satisfaction, Body Satisfaction, and Binge Eating in Black Girls*. Invited Expert Panelist, Western Psychiatric Hospital Journal Club, Pittsburgh, PA.
- Acle, A.** (2023, September) *Culturally Sensitive Eating Disorder Support Strategies: Foundational Knowledge & Applications with BIPOC Foster Youth*. Invited talk given to Seneca Family of Agencies, Alameda County, CA.
- Acle, A.** (2023, September) *Embrace Body Acceptance: Connecting with Who We Are*. Invited talk given to the College of Lake County Student Body, Grayslake, IL.
- Acle, A.** (2023, September) *Promote Well-Being: Encouraging Conversations about Our Food & Bodies*. Invited talk given to the College of Lake County Staff & Faculty, Grayslake, IL.
- Acle, A.** (2023, July). *Culturally Sensitive Eating Disorder Support Strategies- Considerations When Working with BIPOC Youth*. Invited talk given to The California Alliance of Child and Family Services, Sacramento, CA.
- Acle, A.,** Dowell, M., Gilbert, A., Patterson, N. M. R., Dzirasa, E., Wilkerson, G., Gastelum, C. (2023, July). *Barriers to Treatment Access for BIPOC Eating Disorder Clients*. Expert panelist, BIPOC Eating Disorders Conference.
- Acle, A.** (2023, June). *Culturally Sensitive Eating Disorder Support Strategies- Considerations When Working with BIPOC Youth in Out-of-Home Care*. Invited talk given to Seneca Family of Agencies, Monterey County, CA.
- Acle, A.** (2023, March). *Culturally Sensitive Eating Disorder Support Strategies- Considerations When Working with BIPOC Youth in Out-of-Home Care*. Invited talk given to Seneca Family of Agencies, Alameda County, CA.
- Acle, A.** (2023, February). *All Bodies Are Good Bodies: How to Embrace Body Acceptance*. Invited talk given to the College of Lake County Student Body, Grayslake, IL.

- Gayfield, P., Spotts-De Lazzer, A., **Acle, A.**, Maine, M., McGilley, B., Harrell, B., Kronberg, S., Tanner, A., Mehler, P. (2023, February). *Core Course Faculty: Q&A and Discussion on Multi-Disciplinary Treatment Teams*. Core Faculty Panelist for Keynote, International Eating Disorders Professionals, Symposium 2023, Palm Springs, CA.
- Maine, M., McGilley, B., **Acle, A.** (2023, February). Certified Eating Disorders Specialists (CEDs) Core Curriculum, Module 2: The Psychological Treatment of Eating Disorders. Core Faculty, International Eating Disorders Professionals, Symposium 2023, Palm Springs, CA.
- Acle, A.** (2022, December). *Culturally Sensitive Eating Disorders Treatment with Black, Indigenous, Latine, Asian & People of Color- 11 Core Themes & Insights from Clinical Research*. Invited talk to University of California San Diego (UCSD) Eating Disorders Center Equity, Diversity, and Inclusion in Therapy (EDIT) Seminar Series.
- Acle, A.** (2022, August). *The Use of Our (Cultural) Selves*. Invited talk to Eating Disorder Registered Dietitians & Professionals (EDRDPro).
- Carroll, P., **Acle, A.**, Call, C., Conlon, R.K. (2022, May). *Diversifying Eating Disorder Treatment: One Size Does Not Fit All & Panel Discussion*. Invited Expert Health Equity Panelist, University of Pittsburgh Medical Center Grand Rounds, Pittsburgh, PA.
- Acle, A.**, Tovar, V. (2021, February). *The Intersection of Diet Culture/Eating Disorders & Racism: Seeing the Margins*. Invited talk for US-based eating disorder professionals.
- Harris, M. & **Acle, A.** (2020, October). *Self-Love Revolution Discussion inspired by Virgie Tovar's Book The Self-Love Revolution: Radical Body Positivity for Girls of Color*. Invited talk for US-based eating disorder professionals.
- Acle, A.** (2017, July). *Eating Disorders: An Overview*. Invited talk given to the Coalition Meeting, Pathway Society, San Jose, CA.
- Acle, A.** (2014, March). *Psychology Alumni Panel*. Invited talk to current students at Swarthmore College, Swarthmore, PA.

LECTURES & PRESENTATIONS

- Acle, A.** (2024, November). *Colorism, Skin Tone Trauma & Body Image Ideals: Clinical Considerations with Youth & Families*. 2024 National Association of Social Workers – California Social Work Conference, Oakland, CA.
- Acle, A.** (2024, October). *Healing Eating Disorders in Our Latine Communities: Contextual & Intergenerational Factors*. 2024 Coalition of Associations for Systemic Therapy (COAST) Virtual Education Conference.
- Acle, A.** (2024, September). *Breaking Barriers to Eating Disorders Detection & Treatment: Culturally Sensitive & Empowering Approaches*. Global Alliance for Behavioral Health and Social Justice, Coming Together for Action 2024, Chicago, IL.
- Acle, A.** (2024, September). *Colorism, Skin Tone, Trauma & Body Image Ideals: Clinical Considerations with Youth & Families*. 2024 California Child and Family Services Conference, Rancho Bernardo, CA.
- Acle, A.** (2024, June). *Breaking Down Barriers to Eating Disorders Detection & Treatment: Culturally Sensitive & Empowering Approaches to Healing Eating Disorders among BIPOC Youth & Families*. 2024 Partnerships for Well-Being Institute, Anaheim, CA.
- Acle, A.** (2024, May). *Immigration Experiences, Acculturative Stress & Eating Disorders: Risk Factors and Treatment Considerations*. California Association for Marriage & Family Therapists (CAMFT) Conference, Los Angeles, CA.

- Acle, A.** (2024, March). *Eating Disorders in Our Latine Communities: Incorporating Context and Intergenerational Factors*. National Board for Certified Counselors (NBCC), 2024 Symposium, Washington, DC.
- Acle, A.** (2024, February). *Intergenerational & Cultural Factors in Eating Disorders Healing in Our Latine Communities*. Latino Mental Health Association of New Jersey Conference, Randolph, NJ.
- Acle, A.** (2023, November). *Immigration Experiences, Acculturative Stress & Eating Disorders: Considerations with BIPOC Immigrants*. Renfrew Foundation Conference for Professionals, Philadelphia, PA.
- Acle, A.** (2023, October). *Eating Disorders in Our Latine Communities: Culturally Sensitive Assessment & Treatment Strategies*. El Consorcio, St Paul, MN.
- Acle, A.** (2023, October). *Equitable Approaches to Eating Disorders Detection & Treatment with BIPOC Clients*. AAMFT Systemic Family Therapy Conference, Alexandria, VA.
- Acle, A.** (2023, September). *Immigration Experiences, Acculturative Stress & Eating Disorders*. California Alliance of Child and Family Services Conference, Rancho Bernardo, CA.
- Acle, A.** (2023, July). *Culturally Sensitive Eating Disorders Assessment & Treatment with Black, Indigenous, Latine, Asian & People of Color*. The Marina Counseling Center, San Francisco, CA.
- Acle, A.** (2023, May). *The Intersection of Spirituality, Food and The Body: Considerations for Eating Disorders (ED) Detection & Treatment*. The Faith & Mental Health Summit 2023, Kalamazoo, MI.
- Acle, A.** (2022, October). *Considering Colorism, Body Image Ideals and Experiences of Objectification in Conceptualizing & Treating Eating Disorders in Our APINHD Communities*. Asian American Psychological Association (AAPA) 2022 Convention, Virtual presentation.
- Acle, A.** (2022, August). *Eating Disorders in Our Communities: Addressing Racism, Discrimination, Trauma & Other Factors with Cultural Sensitivity*. Asian, Pacific Islander, Desi American (APIDA) Mental Health Conference 2022, Virtual presentation.
- Acle, A.** (2022, April). *Eating Disorders in Our Tribal Communities? Considering Minority Stress, Trauma and Risk Factors to Start the Conversation*. Southern Plains Tribal Health Board & 7th Generation's Tribal Public Health Conference 2022, Virtual presentation.
- Acle, A., Harris, M.** (2022, February). *Raising the Racial Consciousness of Your Practice*. International Association for Eating Disorders Professionals (iaedp) 2022 pre-conference symposia, Virtual presentation.
- Harris, M., **Acle, A.** (2021, September). *Allyship in Action: Level-Up Your Anti-Racism Work*. Texas Eating Disorder Dietitian Weight Inclusive Nutrition and Dietetics (TEDD-WIND) Inclusivity Conference, Virtual presentation.
- Acle, A., Cook, B., Siegfried, N., Beasley, T.** (2021, August). *Cultural Considerations in the Treatment of Eating Disorders: Systematic Review & Guidelines*. Poster presented at American Psychological Association (APA) Convention, Society for the Psychological Study of Culture, Ethnicity and Race (Division 45).
- Ross, C., **Acle, A.** (2021, March). *Culturally Competent Conversations: Authentic Allyship*. Consultation discussion through the African American Eating Disorders Professionals & Black, Indigenous, People of Color Committee (AAEDP-BIPOC), International Association for Eating Disorders Professionals (iaedp).
- Harris, M., **Acle, A., Akinaka, M.E., Burnett, A.** (2021, February). *The Elephant in the Room: Inviting Conversations about Race, Size and Sexuality into Treatment and Advocacy*. International Association for Eating Disorders

Professionals (iaedp) 2021 symposia.

Acle, A., Davis, A., St John, C. (2021, February). *Racial Self-Awareness and Healing: Exploration and Resources for Providers' Journeys Addressing Racism*. International Association for Eating Disorders Professionals (iaedp) 2021 symposia.

Acle, A. & Kim, N. (2020, October). *Addressing and Challenging Racism in Eating Disorder Treatment & Research*. Virtual presentation through International Association for Eating Disorders Professionals (iaedp) Institute.

Gayfield, P., Ross, C., **Acle, A.,** St John, C., Davis, A. (2020, July). *Culturally Competent Conversations: A Book Discussion on White Fragility*. Virtual presentation through the African American Eating Disorders Professionals & Black, Indigenous, People of Color Committee (AAEDP-BIPOC), International Association for Eating Disorders Professionals (iaedp).

Kim, N., Ross, C., **Acle, A.** (2020, April). *Cultural Context & Response to COVID-19 in People of Color with Eating Disorders*. Virtual presentation through the African American Eating Disorders Professionals & People of Color Committee (AAEDP-POC), International Association for Eating Disorders Professionals (iaedp).

Acle, A., Cook, B (2019, November). *Cultural Considerations in the Treatment of Eating Disorders: Systemic Review & Guidelines*. Poster presented at The Renfrew Center Conference for Professionals, Philadelphia, PA.

Acle, A., Lehmann, S. (2014, November). *Acceptability of Mixed Media Informed Consent: An Exploratory Pilot Study*. Poster presented at The Renfrew Center Conference for Professionals, Philadelphia, PA.

Acle, A., Costello, A., Frank, R. (2014, April). *Girl Talk: Relational Aggression by Peers as an Antecedent to Eating Disorders Among Girls & Women*. Poster presented at Pennsylvania Association for Marriage & Family Therapists (PAMFT) Annual Conference, Philadelphia, PA.

Acle, A., Costello, A., Frank, R. (2014, March). *Girl Talk: Relational Aggression by Peers as an Antecedent to Eating Disorders Among Girls & Women*. Poster presented at Society for Adolescent Health & Medicine (SAHM) Annual Meeting, Austin, TX.

Acle, A., Costello, A., Frank, R. (2013, November). *Girl Talk: Relational Aggression by Peers as an Antecedent to Eating Disorders Among Girls & Women*. Poster presented at The Renfrew Center Conference for Professionals, Philadelphia, PA.

Frank, R., Costello, A., **Acle, A.,** Bunnell, D. (2012, November). *Preliminary Findings on Girl Talk: Relational Aggression by Peers as an Antecedent to Eating Disorders Among Girls & Women*. Poster presented at The Renfrew Center Conference for Professionals, Philadelphia, PA.

Acle, A., Robins, S., Diamond, G.S. (2012, February). *Attachment Based Family Therapy (ABFT) for suicidal adolescents*. Poster presented at the CHOP Research Poster Day, Children's Hospital of Philadelphia, Philadelphia, PA.

Acle, A., Levy, S.A., Diamond, G.S. (2012, February). *Is Attachment Based Family Therapy (ABFT) effective as aftercare for suicidal adolescents?* Poster presented at the CHOP Research Poster Day, Children's Hospital of Philadelphia, Philadelphia, PA.

Acle, A., Gillham, J., Levy, S., Diamond, G.S. (2010, December). *Does Attachment Based Family Therapy (ABFT) improve parent-adolescent communication about dating?* Poster presented at the Psychology Research Poster Session, Swarthmore College, Swarthmore, PA.